

ILA scientific activities and activities for the advancement of science.

The general summary report is followed by specific reports for the years 2019-2022.

The main stated aim of the International Longevity Alliance (ILA) is achieving “healthy longevity for all through scientific research” (<https://longevityalliance.org/>). To promote this aim, ILA acts as an organization for the advancement of longevity science, and its positive social and humanitarian aspects, producing methodological and policy recommendations for the development of longevity science, as well as a dedicated scientific organization producing original research and scientific reviews and summaries on the subject of aging and healthy longevity.

Both as an organization for the advancement of science and a dedicated scientific organization, ILA promotes the research on healthy longevity by ameliorating degenerative aging processes which are the main risk factors for chronic age-related diseases and disabilities. Under this general objective, ILA advances and conducts research into the methodology and practice of aging intervention, in both the diagnostic aspects (exploring biomarkers and other clinical parameters of aging) and therapeutic aspects (exploring potential therapeutic interventions, such as animal experiments and analysing data on human interventions).

Examples of ILA research activities, both as an organization for the advancement of science and a dedicated scientific organization, have been reported in scientific articles, and scientific conferences, as follows.

Several ILA academic publications have included both the policy research (advancement of science) and original research (science per se). For example, the following articles initiated by ILA experts and board members contribute to the methodology of addressing aging as a medical condition, including policy as well as diagnostic and therapeutic aspects:

Iliia Stambler, Aleksey Alekseev, Yuri Matveyev, Daria Khaltourina. Advanced pathological ageing should be represented in the ICD. *The Lancet Healthy Longevity*, 3(1), E11, 2022. [https://doi.org/10.1016/S2666-7568\(21\)00305-6](https://doi.org/10.1016/S2666-7568(21)00305-6)

Daria Khaltourina, Yuri Matveyev, Aleksey Alekseev, Franco Cortese, Anca Ioviță. Aging Fits the Disease Criteria of the International Classification of Diseases. *Mechanisms of Ageing and Development*. 189, 111230, 2020. <https://doi.org/10.1016/j.mad.2020.111230>

Editorial. Opening the door to treating ageing as a disease. *The Lancet Diabetes & Endocrinology*. 6 (8), P587, 2018. [https://doi.org/10.1016/S2213-8587\(18\)30214-6](https://doi.org/10.1016/S2213-8587(18)30214-6)



Ilija Stambler. Recognizing degenerative aging as a treatable medical condition: methodology and policy. *Aging and Disease*. 8(5), 583-589, 2017. <https://doi.org/10.14336/AD.2017.0130>

On the other hand, as part of original scientific research, ILA experts (in particular Dr. Edouard Debonneuil, Dr. Dmytro Shytikov and Dr. Anton Kulaga) initiated several test trials of aging-ameliorating (geroprotective) therapies in mice.

The results of ILA-initiated studies of potential geroprotective therapies in mice have been reported in the scientific literature. Thus, a recent study explored the effect of the potential geroprotective drug C60:

Dmytro Shytikov, Iryna Shytikova, Deepak Rohila, Anton Kulaga, Tatiana Dubiley, and Iryna Pishel. Effect of Long-Term Treatment with C60 Fullerenes on the Lifespan and Health Status of CBA/Ca Mice. *Rejuvenation Research*, 19 May 2021. <https://doi.org/10.1089/rej.2020.2403>

An additional research study on the use of senolytic drugs for healthy longevity in mice, co-organized by ILA and Leipzig university, is now in the final stages of preparation.

A strong focus of ILA scientific activities has been on developing clinical evaluation criteria for aging and aging-related diseases.

For example, ILA experts, a board member and a scientific advisor (Dr. Ilija Stambler and Dr. Alexey Moskalev) initiated, under ILA affiliation, a special research topic on clinical evaluation criteria of aging and aging-related diseases, in the scientific journal *Frontiers in Genetics*. 10 scientific articles have been published in this research topic by internationally acclaimed scientists, including the editorial by the ILA experts, under ILA affiliation. The research topic was viewed over 100,000 times by scientists worldwide.

Stambler I and Moskalev A. Editorial: clinical evaluation criteria for aging and aging-related multimorbidity. *Frontiers in Genetics*. *Genetics of Aging*, 12:764874, 2021. <https://doi.org/10.3389/fgene.2021.764874>

It is important to emphasize that ILA, though currently head-quartered in France, includes as its federated members the non-profit associations for the promotion of healthy longevity research from around the world. As of October 2022, ILA included 37 non-profit associations from 28 countries as federated members (<https://longevityalliance.org/members/>). The research done by these organizations also contributes to the ILA total scientific contribution as a whole.

For example, the commitment “Quantified Longevity Guide” of the European Innovation Partnership on Active and Healthy Aging (EIP-AHA) is advanced by the ILA federated members Vetek Association – the Movement for Longevity and Quality of Life, and Israeli Longevity Alliance.



Additional commitments in the European Innovation Partnership on Active and Healthy Aging (EIP-AHA) are advanced by the ILA federated members: Longevite & Sante (France) and Gesellschaft für Gesundes Altern und Prävention – (e. V.) (The Society for Healthy Aging and Prevention/HEALES Germany).

In addition, in 2021, our association initiated and conducted a wide scale scientific bionformatics project in France to determine predictors of health and longevity, entitled “Open Data for Health” <http://opendata4health.org/>.

We emphasize that this specific project is mainly focused on France, as indeed, our association is an international association that includes non-profit organizations from many countries. Yet, we do support international cooperative research and education for healthy longevity, such as the mice senolytic study conducted in the non-profit Leipzig university, in accordance with our bylaws that only support non-profit research and education activities.

And yet some other academic works by ILA experts mainly focus on the advancement of longevity science, via science policy and activism, such as:

Stambler I and Milova E. Longevity activism. In: The Encyclopedia of Gerontology and Population Aging, Springer, 2019, edited by Matthew Dupre and Danan Gu. https://doi.org/10.1007/978-3-319-69892-2_395-1

Stambler I. “The Longevity Movement Building”; “Outreach Materials for Longevity Promotion”. In: Longevity Promotion: Multidisciplinary Perspectives. Longevity History, 2017. ISBN: 1974324265. <http://www.longevityhistory.com/longevity-movement-building/>

In the years 2020-2022, during the COVID-19 crisis, ILA experts participated in developing and promoting position papers and other outreach materials focusing specifically on the need to improve the underlying health of older persons to minimize the risks of COVID-19, including:

“Geroscience in the Age of COVID-19”. *Aging and Disease*. 11(4), 725-729, 2020. <https://doi.org/10.14336/AD.2020.0629>

“WHO must prioritise the needs of older people in its response to the covid-19 pandemic”. *BMJ*. 368:m1164, 2020. <https://doi.org/10.1136/bmj.m1164>

We Call for Open Anonymized Medical Data on COVID-19 and Aging-Related Risk Factors. <http://chng.it/cLwKxSsP>

Furthermore, a large part of ILA activities have promoted science education about healthy longevity research. For example, ILA promoted scientific education on aging and longevity research through the annual educational campaigns “Longevity Month” that ILA has been organizing since 2013.

<https://www.longevityforall.org/longevity-month-october-2020/>



Another means employed by ILA for the advancement of science and for scientific discussion per se is by organizing scientific and educational conferences. Just since 2020, ILA was the main organizer of of at least 3 high level scientific conferences on aging and aging-related diseases, on line, with the participation of leading international researchers of aging, and co-organized and/or participated in over 15 more scientific and science-education conferences. The main 3 high level online conferences organized by ILA since 2020 were:

The 1st Metchnikoff's Day Online Conference "Aging, Immunity and COVID-19", May 16, 2020.

<https://web.archive.org/web/20200810154922/http://longevityalliance.org/?q=1st-metchnikoff-s-day-online-conference-aging-immunity-and-covid-19-may-16-2020> . [Conference statement](#)

Eurosymposium on Healthy Ageing, Enhancing clinical trials for longevity therapies, online, October 1, 2021 <http://www.eha-heales.org/> . [Conference statement](#)

Conference and workshops. Clarifying whether and to what degree the current anti-aging approaches work in mice or people, online, February 11, 2021

<https://www.longevityforall.org/conference-online-on-anti-aging-testing-11-february-2021/> . [Conference statement](#)

We hope that these activities initiated and conducted by ILA and its experts, both as an organization for the advancement of science and a dedicated scientific organization, will advance the common social benefit of healthy longevity for all through scientific research.

Below follow the detailed reports of the ILA activities for the years 2019-2022.

ILA yearly report 2019

2019 was an active year for the International Longevity Alliance.

This year the ILA celebrated 5 years since its official registration, 5 years of actions for the advancement of healthy longevity for all through scientific research.

This year too, the ILA created and advanced several international longevity advocacy initiatives:

- A Longevity Contact [map](#) was created, available in the top [post](#) of the International Longevity Alliance facebook [group](#), that gives access to 12000 longevity activists around the world, via facebook. This resource was used to enlarge local ILA groups.
- The ILA led the organization of the "Longevity Month" campaign in October, with about 35 events supporting biomedical research of aging organized in 24 countries.

<https://web.archive.org/web/20191219062706/http://longevityalliance.org/?q=organizing-longevity-month-campaign-october>

- 2020 is the beginning of the “WHO Decade of Healthy Aging 2020-2030”, which was advocated by ILA and its allies from the longevity community earlier. The ILA worked to make the best of it. Thus, the ILA suggested and campaigned for introducing the advancement of biomedical research of aging as a topic for the WHO Decade of Healthy Aging. <https://web.archive.org/web/20201107223624/http://longevityalliance.org/?q=decade>
- The WHO has added new codes for ageing-related conditions with the inclusion of the [XT9T code](#) for “Ageing-related” diseases into the ICD11, as suggested and promoted by the ILA and BGRF, which is expected to strongly facilitate longevity R&D and application. <https://web.archive.org/web/20200704205805/http://longevityalliance.org/?q=agingicd11>
- ILA members have cooperated with the newly established UNESCO Executive Committee on Anti-aging and Disease Prevention, and will further participate in its consultation in Beijing in October 2020. <https://www.longevityforall.org/unesco-committee-on-anti-aging-and-disease-prevention-is-established-in-beijing/>
- The ILA participated in several other high level consultations for the advancement of longevity R&D, such as the UK Parliamentary Group on Longevity. <https://web.archive.org/web/20200217124459/http://longevityalliance.org/?q=ila-joins-uk-parliament-consultation-gaining-extra-years-healthy-longevity>
- At the national level, the ILA members established the reference site in the European Innovation Partnership on Active and Healthy Aging (EIP-AHA) under the European Commission, entitled "Paris-Lille Healthy Life Extension Testing" (PLIHLET) https://ec.europa.eu/eip/ageing/reference-sites_en
- ILA members were instrumental for introducing the subject of “enhancing research, development and education for the promotion of healthy longevity and prevention of aging-related diseases” into the report of the Israel National Masterplan on Aging, published by Knesset. <https://web.archive.org/web/20200217124434/http://longevityalliance.org/?q=enhancing-research-development-and-education-healthy-longevity-included-israel-national-masterplan>
- Members of ILA organized and participated in various international conferences related to aging (Undoing Aging in Berlin, conferences in Brussels, Ravda (Bulgaria), Ljubljana (Slovenia), London, etc...)
- The ILA, in cooperation with Heales (an ILA federated member), publishes each month the scientific news concerning longevity: <https://web.archive.org/web/20200809232412/http://www.longevityalliance.org/?q=heales-scientific-news> . Also, Heales publishes the monthly newsletter “The death of death” in English and in French.
- By January 2020, the ILA grew to include 20 federated members (registered pro-longevity non-profit organizations) from 17 countries. <https://web.archive.org/web/20200809222828/http://www.longevityalliance.org/?q=ila-grows-20-federated-members-17-countries>

ILA yearly report 2020

The 2020 was a difficult year for many people and in many regards. Yet, if there is one lesson to be learned from this crisis that most strongly affected the older people, it is the realization of the need to therapeutically treat degenerative aging processes to prevent aging-related ill health as a whole, including both aging-related chronic degenerative non-communicable diseases and communicable infectious diseases for which the older persons are most vulnerable. This has been the mission of the International Longevity Alliance (ILA) and this year emphasized how important it is to advance this mission.

This year the ILA continued to follow its mission and throughout the year promoted research and advocacy for aging amelioration and healthy longevity.

Below is a list of some of the works and achievements of the ILA during the year.

Thanks to all who were the involved and all who supported this vital mission!

[\(All ILA archived news\)](#)

– In March 2020, the ILA, Open Longevity, and many other leading longevity organizations, activists and experts created a joint petition for data openness on COVID-19 and aging-related risk factors, which has been distributed and submitted to WHO officials.

<http://chng.it/cLwKxSsP>

– Also in March, ILA members massively endorsed the joint petition to World Health Organization – “WHO must prioritise the needs of older people in its response to the covid-19 pandemic”. See: *BMJ* 2020; 368 doi: <https://doi.org/10.1136/bmj.m1164>

– This year, the mouse test with senolytic treatments [started](#) and [proceeded](#) in Leipzig University financed from the ILA-collected donations.

– An article on classification of aging as a disease in the ICD-11 system “Aging Fits the Disease Criteria of the International Classification of Diseases” was published in the scientific journal *Mechanisms of Aging and Development*, following the inclusion of aging as a modifier of disease into the ICD-11 classification system mainly thanks to the ILA initiative.

<https://www.sciencedirect.com/science/article/abs/pii/S0047637420300257?via%3Dihub&>

[https://www.thelancet.com/journals/landia/article/PIIS2213-8587\(18\)30214-6/fulltext](https://www.thelancet.com/journals/landia/article/PIIS2213-8587(18)30214-6/fulltext)

– A special research topic was included in the scientific journal *Frontiers in Genetics*, driven by ILA members and scientific advisors, concerning “Clinical evaluation criteria for aging and aging-related multimorbidity”

<https://www.frontiersin.org/research-topics/14483/clinical-evaluation-criteria-for-aging-and-aging-related-multimorbidity>

– A position paper “The Urgent Need for International Action for Anti-aging and Disease Prevention’ was published and promoted with the ILA participation

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6961764/>

– Another position paper with the ILA participation “Geroscience in the Age of COVID-19” advocated for the vital need to promote geroscience research, development and application for effectively tackling the COVID-19 crisis and possible future crises resulting from deteriorating health of older persons.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7390533/>

2020 was a challenging year for many of the ILA federated members. Yet their activities were maintained.

– Thus, a reference site of the European Innovation Partnership for Active and Healthy Aging (EIP-AHA), aimed to promote distributed anti-aging tests, was developed in France, by the ILA France branch and federated member “Longévité et Santé”.

https://ec.europa.eu/eip/ageing/reference-sites_en

– The German longevity community of the ILA federated member “The Society for Healthy Aging and Prevention”, due to the pandemic, could not continue their regular activities (local meetings of activists, events in cooperation with fitness centers and retirement homes). However, they were successful in maintaining their non-profit status (important within the German tax system). They also created a new support group to help with repercussions of the Covid-19 pandemic (ExCoronaHilfe <https://excoronahilfe.de/>).

– On May 16, in honor of the 175th anniversary of the founder of gerontology – Elie Metchnikoff, the ILA organized the international online conference “The 1st Metchnikoff’s Day Online Conference – Aging, Immunity and COVID-19”.

The [conference](#) emphasized the importance of enhancing the immune system in older persons, the research topic that goes back to the foundations of gerontology.

– In June, the ILA federated member – the Slovenian Society for Vital Life Extension – organized an international [conference](#) on longevity research and advocacy, with the support of ILA and a strong participation of ILA members.

– In July, the ILA members and partners in Bulgaria, including the University of National and World Economy, Sofia, and Bulgarian Academic Simulation and Gaming Association, organized an international online [conference](#) with a special focus on longevity research, with the support of ILA and strong participation of ILA members.

– In October, following the tradition since 2013, the ILA organized the International Longevity Day / Longevity Month educational and advocacy campaign in support of longevity research. As physical meetings were difficult to organize this year, a series of online events and promotions took place, including media coverage, involving thousands of participants from around the world.

<https://www.facebook.com/LongevityDay>

– Among the events with the strongest impact was the Eurosymposium on Healthy Aging that took place online on October 1, and brought together leading international longevity researchers and over 150 participants, and created media coverage. The event was chiefly organized by the ILA federated member the Healthy Life Extension Society (HEALES, Belgium) in cooperation with the ILA as a whole.

<http://www.eha-heales.org/>

– Following the conference on October 1st, the Eurosymposium on Healthy Ageing created and distributed a [declaration](#) on “Aging biomarkers and clinical tests”.

– As part of the Longevity Month campaign, the International Longevity Alliance organized the first of its kind prize Competition to support longevity activism, advocacy and raising public awareness about longevity research. 11 excellent contributions arrived from around the world – Russia, Germany, Spain, Pakistan, Nigeria, Morocco, India, Brazil, USA. With all the difficulty to select, the winners were announced, and additional commendations provided. Indeed, the aim of this competition was not to “select the best”, but to encourage more longevity activism. The ILA hopes this prize has contributed to this aim and we hope this tradition will continue.

<https://www.longevityforall.org/longevity-activism-prize-winners-announced/>

– In October, the ILA federated member – Forbladi Association (Morocco) that joined the ILA this year, launched its project “Longevity Research Support”. It is hoped that this project will help significantly advance longevity research and advocacy in Africa and the Arabic-speaking community.

<https://web.archive.org/web/20210512215053/https://longevity.ma/>

– In 2020, the ILA grew to include 23 non-profit associations from 20 countries as [federated members](#).

All the ILA activities show that longevity activism, even in this difficult period, is alive and actively working for its vital mission to build up public support for more longevity science, for a better, more healthy and resilient future for all of us.

ILA yearly report 2021

The International Longevity Alliance (ILA) presents its yearly report for 2021.

In 2021, ILA continued to advance its mission of promoting “healthy longevity for all through scientific research”. Conducting promotional activities was not easy in this period. Yet, in 2021, ILA remained active.

- In 2021, ILA increased its federated membership to 33 registered non-profit associations from 26 countries as federated members.

<http://www.longevityforall.org/groups/>

- Most recently, 3 associations from Canada joined: Canadian Longevity Association (CLA), Lifespan Society of British Columbia, and Vitality Healthspan Foundation.

<http://www.longevityforall.org/groups/>

- In 2021, the ILA organized and co-organized and/or was strongly represented in a dozen online longevity conferences, especially during October, “the Longevity Month”, organized by core ILA members in several countries, with international participation, including: Slovenia, Belgium, Nigeria, Bulgaria, Brazil, Malaysia, US, Spain, India, Russia, Israel.

<https://www.longevityforall.org/longevity-month-october-2021/>

Furthermore, ILA continued its scientific activities as well as activities for the promotion of science.

- Analytical summaries have been published, such as

“Anti-aging treatments against COVID!?”

<https://longevityalliance.org/new/anti-aging-treatments-against-covid/>

- Moreover, the ILA launched a worldwide and unlimited collaboration, based on open data, to collectively see how to improve health worldwide. The initiative is entitled OpenData4Health, focuses on France, yet welcomes any volunteer and any institution to join the project! The initiator is an ILA board member Dr. Edouard Debonneuil. Instructions are at:

<http://OpenData4Health.org>

<https://longevityalliance.org/new/opendata4health-open-data-for-longer-healthier-lives-worldwide/>

- The results of ILA-initiated studies of potential geroprotective therapies in mice have been reported in the scientific literature. Thus, a recent study explored the effect of the potential geroprotective drug C60: Dmytro Shytikov, Iryna Shytikova, Deepak Rohila, Anton Kulaga, Tatiana Dubiley, and Iryna Pishel. Effect of Long-Term Treatment with C60 Fullerenes on the Lifespan and Health Status of CBA/Ca Mice.

Rejuvenation Research, 24(5), 345-353,
2021. <https://www.liebertpub.com/doi/10.1089/rej.2020.2403>
<https://www.indiegogo.com/projects/i-am-a-little-mouse-and-i-want-to-live-longer#/>
- An additional research study on the use of senolytic drugs for healthy longevity in mice, co-organized by ILA and Leipzig university, under the direction of Dr. Alexandra Stolzing, is now in the final stages of preparation.
<https://web.archive.org/web/20161031103116/http://longevityalliance.org/?q=longevity-activists-call-support-investigation-drugs-against-aging>
<https://web.archive.org/web/20201026153126/http://longevityalliance.org/?q=mmtpsenolytics-second-dosing-september>
- In 2021, ILA together with the ILA federated member HEALES, co-sponsored additional mouse lifespan trials, at the initiative and by the support of an ILA board member Didier Coeurnelle <https://www.theworldhour.com/heales-co-chair-didier-coeurnelle-donates-50000-for-life-extension-research/>
- As well as the Longevity Hackathon <https://longhack.org/>
A strong focus of ILA scientific activities has been on developing clinical evaluation criteria for aging and aging-related diseases.
- For example, ILA experts, an ILA board member Dr. Ilia Stambler and an ILA scientific advisor Dr. Alexey Moskalev, initiated, under ILA affiliation, a special research topic on clinical evaluation criteria of aging and aging-related diseases, in the scientific journal *Frontiers in Genetics: Genetics of Aging*. 10 scientific articles have been published in this research topic by internationally acclaimed scientists, as well as an e-book, and summary by the ILA expert editors.
<https://www.frontiersin.org/research-topics/14483/clinical-evaluation-criteria-for-aging-and-aging-related-multimorbidity>
<https://www.frontiersin.org/articles/10.3389/fgene.2021.764874/full>
- And perhaps most importantly, in a large measure thanks to the years-long advocacy of ILA members, especially an ILA board member Dr. Daria Khaltourina, since January 1st, 2022, “aging” is officially included in the International Classification of Diseases (ICD-11) under 2 categories: “symptoms” and “causality”.
Please read about this inclusion in the article by the ILA board members Daria Khaltourina and Ilia Stambler, published in *The Lancet Healthy Longevity*, entitled “Advanced pathological ageing should be represented in the ICD”
(free and open access)
<https://linkinghub.elsevier.com/retrieve/pii/S2666756821003056>
As well as this
explanation <https://www.longevityforall.org/advanced-pathological-ageing-should-be-represented-in-the-icd-lancet-healthy-longevity-january-2022/>
The ILA has strongly contributed to this achievement which gives encouragement for more activities and achievements in the future!

ILA yearly report 2022

Since the beginning of the year the ILA has continued to publicized one of its major longevity advocacy achievements – the increasing recognition of degenerative aging as a treatable medical indication.

The ILA widely shared the publication of its board members and activists published in “The Lancet Healthy Longevity”, entitled “Advanced pathological ageing should be represented in the ICD”

By Ilia Stambler (ILA board member), Aleksey Alekseev, Yuri Matveyev, and Daria Khaltourina (ILA board member)

(free and open access)

[https://doi.org/10.1016/S2666-7568\(21\)00305-6](https://doi.org/10.1016/S2666-7568(21)00305-6)

ILA also published and disseminated explanatory articles of the recognition of degenerative aging as a medical condition

<https://longevityalliance.org/new/aging-is-a-medical-target-in-icd-11-with-2-codes/>

<https://longevityalliance.org/new/aging-is-a-part-of-the-international-classification-of-diseases-icd-11/>

<http://www.longevityforall.org/advanced-pathological-ageing-should-be-represented-in-the-icd-lancet-healthy-longevity-january-2022/>

This recognition has been accomplished in a large measure thanks to many years of longevity advocacy, in particular the years-long advocacy of the International Longevity Alliance and its core activists. It is hoped that our joint work, with the other co-authors and partners, will further stimulate this discussion and research.

Considering ILA scientific projects, the ILA continue to conduct a wide scale scientific bionformatics project in France to determine predictors of health and longevity, entitled “Open Data for Health” <http://opendata4health.org/> .

ILA members further promoted longevity education by co-organizing and active participation in longevity research and education conferences, including:

- *1st National Convention of the Italian Longevity League*. Castello di Colloredo di Montalbano (Udine province), Italy, online, May 20-21, 2022
- *The 17th LUMEN International Scientific Conference: Rethinking Social Action. Core Values in Practice*. Iasi, Romania & online worldwide, June 2-4, 2022
- Special session “I want to be alive and well: The new aging: Healthy 100”. In: *Medicine 2042 Congress*, Tel Aviv, June 8-9, 2022
- TAFFD Global Summit. Afrolongevity. Accelerating our Singularity Future for Development in Africa. August 16-17, 2022. Sun City Resort, South Africa
- *E-International Conference on Biomedical and Pharmaceutical Sciences of The World Forum of Young Scientists*. Lahore, Pakistan, online. August 27-28, 2022
- Ending Aging Forum. SENS Research Foundation, online. September 2-3, 2022.
- *XV International & Interdisciplinary Scientific Conference “Vanguard Scientific Instruments in Management 2022” (VSIM:22), Longevity Section*. Ravda, Bulgaria, online, September 10, 2022.
- Longevity Summit Dublin. New Frontiers for Ireland. September, 18-20, 2022
- *The 2nd Mediterranean Congress of Anti-aging Medicine 2022. “How to extend life span in the age of new technologies”*. Larnaca, Cyprus, October 15-16, 2022



- *The 2022 International Forum on “AI & Cognitive Science” and “Aging & Diseases”*. Shanghai, online, October 27-30, 2022

Moreover, ILA endorsed and participated in the initiate of the Longevity School in cooperation with the ILA federated member – the Italian Longevity Alliance.

<https://www.italianlongevityleague.com/>

As the 2022 is ongoing, we will continue to advance our mission of both doing and promoting science for healthy longevity.